

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
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| | | 1 Macaroni & Cheese(V) Fresh Fruit Green Beans Fat Free Chocolate Milk 1% White Milk Water | 2 Chicken Wings Fresh Fruit Mashed Potatoes Cole Slaw 1% White Milk Fat Free Chocolate Milk Water | 3 Pesto Pasta (V) Fresh Fruit Honey Butter Carrots Fat Free Chocolate Milk 1% White Milk Water |
| 6 Taco Salad Fresh Fruit Spanish Rice Fat Free Chocolate Milk 1% White Milk Water | 7 Lincolnwood Cheese Pizza(V) (H) Fresh Fruit Carrot/Celery Sticks Fat Free Chocolate Milk 1% White Milk Water | 8 Chicken Sandwich Fresh Fruit Tri-Color Coleslaw 1% White Milk Fat Free Chocolate Milk Water | 9 All Beef Hot Dog (H) Fresh Fruit Sweet Potato Fries (H) Fat Free Chocolate Milk 1% White Milk Water | 10 Penne w/ Marina Sauce (V)(H) Fresh Fruit Green Beans Fat Free Chocolate Milk 1% White Milk Water |
| 13 Pizza Roll-Up (V) (H) Fresh Fruit Corn on the Cob Fat Free Chocolate Milk 1% White Milk Water | 14 Chicken Poppers Fresh Fruit Roasted Brussel Sprouts Fat Free Chocolate Milk 1% White Milk Water | 15 Spaghetti w/Marinara(V)(H) Fresh Fruit Green Beans Fat Free Chocolate Milk 1% White Milk Water | 16 Grilled Cheese (V) Fresh Fruit Tomato Soup (v) Fat Free Chocolate Milk 1% White Milk Water | 17 Half Day No Lunch |
| 20 No School | 21 Orange Chicken Fresh Fruit Vegetable Blend Fried Rice Fat Free Chocolate Milk 1% White Milk Water | 22 Chicken Street Taco Fresh Fruit Rice Fat Free Chocolate Milk 1% White Milk Water | 23 Chicken & Waffles Fresh Fruit 1% White Milk Fat Free Chocolate Milk Water Syrup Cup | 24 Naan Cheese Pizza(V)(H) Fresh Fruit Basmati Rice 1% White Milk Fat Free Chocolate Milk Water |
| 27 Chicken Tenderloin(H) Fresh Fruit Corn Cob Fat Free Chocolate Milk 1% White Milk Water | 28 Sub Sandwich(H) Fresh Fruit Tomato Soup (v) Crackers-Goldfish Fat Free Chocolate Milk 1% White Milk Water | | | |

Daily Menu Bagel Box - Protein Box - Chef Salad Box - Salad Bar for All
 View more: <http://schools.mealviewcr.com/school/Lincolnwood/SchoolDistrict7>
 4 This Institution is an Equal Opportunity Provider

(H) - Halal
 (V) - Vegetarian