

Lunch Menu

JANUARY 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 No School	3 No School	4 No School	5 No School	6 No School
9 Penne w/ Marina Sauce (V)(H) Fresh Fruit Green Beans Fat Free Chocolate Milk 1% White Milk Water	10 Pizza Roll-Up (V)(H) Fresh Fruit Corn on the Cob Fat Free Chocolate Milk 1% White Milk Water	11 Chicken Poppers Fresh Fruit Roasted Brussel Sprouts Fat Free Chocolate Milk 1% White Milk Water	12 Spaghetti w/Marinara(V) (H) Fresh Fruit Green Beans Fat Free Chocolate Milk 1% White Milk Water	13 Grilled Cheese (V) Fresh Fruit Tomato Soup (v) Fat Free Chocolate Milk 1% White Milk Water
16 No School	17 Orange Chicken Fresh Fruit Vegetable Blend Fried Rice Fat Free Chocolate Milk 1% White Milk Water	18 Chicken Street Taco Fresh Fruit Rice Fat Free Chocolate Milk 1% White Milk Water	19 Chicken & Waffles Fresh Fruit 1% White Milk Fat Free Chocolate Milk Water Syrup Cup	20 Naan Cheese Pizza(V)(H) Fresh Fruit Basmati Rice 1% White Milk Fat Free Chocolate Milk Water
23 Chicken Tenderloin(H) Fresh Fruit Corn Cob Fat Free Chocolate Milk 1% White Milk Water	24 Sub Sandwich(H) Fresh Fruit Tomato Soup (v) Crackers- Goldfish Fat Free Chocolate Milk 1% White Milk Water	25 Pizza Bagel(V) (H) Fresh Fruit Carrot/Celery Sticks Fat Free Chocolate Milk 1% White Milk Water	26 Teriyaki Chicken Fresh Fruit Vegetable Blend Rice 1% White Milk Fat Free Chocolate Milk Water	27 Half Day No Lunch
30 Cheese Pizza (V) Fresh Fruit Carrot/Celery Sticks Fat Free Chocolate Milk 1% White Milk Water	31 All Beef Hamburger(H) Fresh Fruit Hash Browns (H) Fat Free Chocolate Milk 1% White Milk Water			

Daily Menu Bagel Box - Protein Box - Chef Salad Box - Salad Bar for All
View more: <http://schools.mealviewer.com/school/LincolnwoodSchoolDistrict74>
 This Institution is an Equal Opportunity Provider

(H) - Halal
 (V) - Vegetarian